HELEN SANDERS 3-8-2024 STIR UP THE GIFT

Timothy was a young man called to the office of pastor. Paul discipled him and wrote two letters to him that were filled with encouragement and great advice.

It must have been a little overwhelming and even a little fearful for Timothy to pastor older men, and in 2 Timothy chapter 1 Paul gives him some sound advice. First of all, Paul tells him [verse 6] to stir up the gift of God which was imparted to him through Paul laying hands on him. To stir up means to rekindle something. Apparently, fear had overtaken Timothy and Paul wanted him to rekindle the fire that was once in him.

Then in verse 7 Paul says, "For God hath not give us the spirit of fear; but of power, and of love, and of a sound mind." Fear does not come from the Lord, my friends. Fear comes from Satan and the dark side.

By rekindling or stirring up the gift of salvation and any other gifts that God has given us, we eliminate the fear. We must put ourselves in remembrance that what we do in life is not in our own strength, but in the strength and power of God that is in us.

If you find yourself in a place of fear, then stir the word of God up by speaking his promises over yourself. Do not let fear dominate and control your life. God wants you to have his, "power, and love, and a sound mind." [vs. 7] Do not settle for anything else!